

Emergency Preparedness Supplies for PROPIONIC ACIDEMIA (PPA)

- ➔ Metabolic geneticist name and contact information _____
- ➔ Dietitian name and contact information _____
- ➔ Primary care provider or pediatrician name and contact information _____
- ➔ Local hospital/emergency room name and contact information _____
- ➔ Pharmacy name and contact information _____
- ➔ Formula manufacturer name and contact information _____
- ➔ Formula prescription _____
- ➔ Medication manufacturer name and contact information _____
- ➔ Medication prescription _____

- Emergency letter with diagnosis and treatment plan from genetics clinic
- 7-10 day supply of metabolic food/formula
- 7-10 day supply of “sick” formula items (extra ProPhree or SolCarb)
- 7-10 day supply of non-perishable low-protein foods (low-pro tortilla chips, pretzels, crackers)
- 7-10 day supply of all medications
- Nausea medications
- Shelf-stable high carbohydrate foods and drinks
- Food scale with extra batteries
- Preferred container for consuming metabolic

food/formula

- Cooler with instant cold packs to refrigerate metabolic formula
- Purified or bottled water (plenty to prevent dehydration, mix with metabolic formula, or wash supplies/materials)
- Standard orders for blood draw at lab
- Oral syringe and supplies (barrel, plunger, adapter caps, syringe caps)
- G-tube supplies for management, cleaning, and preparation (syringes, liquid foods, measuring cups, clean food containers, pole/wall hooks to

hang food containers during feedings, soap for hand washing, water for washing and tube flushing, dishwashing liquid to wash the container, cotton swabs to clean around the stoma site, washcloths, gauze, antibiotic ointment)

- Back-up g-tube
- Battery-operated heater or air conditioner depending on weather conditions
- Solar-powered chargers
- Adapters for car chargers
- Hand-powered radio
- Flash light
- First Aide kit

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