

Emergency Preparedness Supplies for GLUTARIC ACIDEMIA/ ACIDURIA Type 1 (GA-1)

- Metabolic geneticist name and contact information _____
- Dietitian name and contact information _____
- Primary care provider or pediatrician name and contact information _____
- Local hospital/emergency room name and contact information _____
- Pharmacy name and contact information _____
- Formula manufacturer name and contact information _____
- Formula prescription _____
- Medication manufacturer name and contact information _____
- Medication prescription _____

- Emergency letter with diagnosis and treatment plan from genetics clinic
- 7-10 day supply of metabolic food/formula
- 7-10 day supply of low-protein food
- Food scale with extra batteries
- Set of household measuring cups and spoons
- Calculator and preferred method for tracking daily lysine levels
- Preferred container for consuming metabolic food/formula
- Purified or bottled water (plenty to prevent dehydration)
- Low protein food list and/or list of Lysine and Protein content of foods in your emergency kit
- Supplements (i.e. L-carnitine, Arginine, vitamins, etc.)
- Daily medications with dosage cups and syringes
- Thermometer and fever reducers (i.e. ibuprofen, acetaminophen)

- Glucose tablets, glucose meter, lancets, test strips, alcohol wipes
- Feeding tube supplies and pump
- Standing orders for blood draw at lab
- Well Day and Sick Day at Home Management Protocol
- Emergency Protocol Letter
- Medical notebook/records
- Solar-powered chargers
- Adapters for car chargers
- Hand-powered radio

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